



THE UNIVERSITY OF THE THIRD AGE

U3A KYNETON INC

2020 Courses

7 January 2020

U3A KYNETON INC Contact Details

PO Box 1321

Kyneton

Victoria 3444

Phone: 0439 360 763

Email: members@u3akyneton.org.au

Web: <https://u3akyneton.org.au/members>

Enquiries: members@u3akyneton.org.au

Table of Contents

| | |
|----------------------|----|
| Administration | 3 |
| The Mind | 3 |
| Computer | 6 |
| Exercise | 7 |
| Entertainment | 8 |
| Language | 8 |
| Outdoor | 9 |
| Social | 10 |

Administration

2029: Annual General Meeting **Type: 1 day**
Dates: 14/08/2020 - 14/08/2020 **Frequency: One off activity, Fri 14:00 - 16:00**
Location: Red Brick Hall 23 Yaldwyn St West Kyneton **Tutor: Peter Johnson**
AGM for recording purposes.
Must be a financial member. Enrolment fee nil.

2030: Committee Meeting **Type: Long Course**
Dates: 13/01/2020 - 14/12/2020 **Frequency: Monthly 2nd, Mon 9:00 - 11:00**
Location: RSL Boardroom Kyneton **Tutor: Peter Johnson**
To manage committee members.
Member of the Committee. Enrolment fee nil.

2033: U3A Administration Day **Type: Long Course**
Dates: 17/01/2020 - 04/12/2020 **Frequency: Weekly Course, Fri 12:00 - 14:00**
Location: Red Brick Hall 23 Yaldwyn St West Kyneton **Tutor: Linda Johnson**
There will be least one member of the Kyneton U3A management team available at the Red Brick Hall every Friday afternoon to answer any and all of your questions. If we can't answer your question we will certainly find someone who can. This service will be particularly useful for people having computer problem and accessing U-MAS. We can also sign you up for courses and lots of other things. Or just pop in and have a tea or coffee. There is no requirement to register for this course.
Enrolment fee nil.

The Mind

2002: Book Circle **Type: Long Course**
Dates: 13/02/2020 - 12/11/2020 **Frequency: Monthly 2nd, Thu 13:30 - 14:30**
Location: Red Brick Hall 23 Yaldwyn St West Kyneton **Tutor: Lydia Taylor**
Our group engages in lively debate about the chosen book and any issues it raises. Books are chosen by the group in advance and discussion is usually led by the member who nominated the book.
Enrolment fee \$10.00.

2006: Current Affairs **Type: Long Course**
Dates: 12/02/2020 - 25/11/2020 **Frequency: Monthly 2nd & 4th, Wed 10:00 - 11:30**
Location: Red Brick Hall 23 Yaldwyn St West Kyneton **Tutor: David Wauchope**
On the second Wednesday of the month, we have a general discussion about world events, whilst on the fourth Wednesday, a member leads a discussion on a topic of their interest. Please note the change of times for sessions from last year.
Enrolment fee \$10.00

2007: Recycling

Type: Short Course

Dates: 19/03/2020 - 16/04/2020

Frequency: Weekly Course, Thu 11:00 - 13:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: John Taubman

REFUSE - REDUCE - REUSE - REPURPOSE - REPAIR How to manage your household waste and protect the environment at the same time. A five-session course covering the following topics. • Recycling in mind when you buy: bring your own container & buy bulk. • Recycling at home does and don'ts. • Composting. • How to best manage the things you cannot recycle at home • The dirty story about landfill. • Repair cafe - how to get things fixed • What has worked for us (a facilitated session where the participants provide suggestions) Have a look at these web sites: <http://zerowastevictoria.org/what-is-zero-waste/> <https://www.woodendnh.org.au/repaircafe/>

Enrolment fee \$10.00.

2008: Photography

Type: Short Course

Dates: 04/05/2020 - 03/08/2020

Frequency: Monthly 1st, Mon 11:30 - 13:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Peter Ryan

Regardless of the camera you use be it an SLR or a smart phone this is the course for you to get the most out of your pictures.

Enrolment fee \$10.00

2009: Three Dictators

Type: Short Course

Dates: 13/02/2020 - 12/03/2020

Frequency: Weekly Course, Thu 10:30 - 11:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Stephen Carisbrooke

You've all heard about Stalin, Hitler and Mao. But what were they really like? How did they get started? How did they spend their private lives? How did they treat those around them? What did they have in common?

Enrolment fee \$10.00.

2010: Poetry

Type: Long Course

Dates: 13/02/2020 - 10/12/2020

Frequency: Monthly 2nd, Thu 9:00 - 10:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Robert Rouse

Life-Saving; poetry is magic, and we have a magic program for 2020. All you need is a lively curiosity to be able to enjoy a poetry slam for World Poetry Day, or a discussion on topics as diverse as Rap, Australian women poets or even Omar Khayyam. You'll have to join to find out more. Times are the same, venue the same. New members are welcome but spaces are limited.

Enrolment fee \$10.00.

2012: Financial Planning

Type: Short Course

Dates: 20/08/2020 - 03/09/2020

Frequency: Weekly Course, Thu 10:00 - 12:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Bob Nixon

A three-week course that follows on from a very successful presentation at Friday@U3A in 2019. The course will cover the things that should be considered before retirement, after retirement and at the various stages that follow. A must for anyone over 55! A 90-minute presentation followed by 30-minute question/answer session. Bob has 45 years of experience in investment advice and well understands the needs of those aged over 55.

Enrolment fee \$10.00

2013: Music

Type: Long Course

Dates: 09/03/2020 - 14/12/2020

Frequency: Monthly 2nd, Mon 14:00 - 16:00

Location: Private Home Kyneton

Tutor: Len Baker

Each month a member has the opportunity of selecting a program of about 1 1/2 hours of music to share with others in the group. Vinyl, CDs, DVDs, internet links (YouTube, Spotify etc) are all playable (unfortunately our cassette player has died). Don't be put off, you are not obliged to select a program, just come along and enjoy some mainly classical music of all sorts and eras.

Enrolment fee nil.

2015: Mah Jong

Type: Long Course

Dates: 21/01/2020 - 08/12/2020

Frequency: Weekly Course, Tue 13:00 - 15:30

Location: Uniting Church Hall Kyneton

Tutor: Ruth Gallpen

Kyneton U3A Mah Jong is open to anyone wishing to play the game, in a friendly and fun environment. For those who already know how to play the game. Beginners and new members welcomed at any time.

Enrolment fee nil. Cost of \$4.00 per session attended

2023: Australian History

Type: Short Course

Dates: 04/03/2020 - 15/04/2020

Frequency: Monthly 1st & 3rd, Wed 10:00 - 12:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Keith Hallett

This is an offering of a study of Australian values, based on historical responses to religious expectations, to diverse expectations and traditions of generations of migrants and to emergent Australian values, entitled "Church, Mosque and State." This will be based on a study book with significant questions for discussion. There is a charge of \$15 for the study book in addition to the enrolment fee.

Enrolment fee \$10.00

2028: US Presidential Election

Type: Short Course

Dates: 10/09/2020 - 12/11/2020

Frequency: Monthly 2nd, Thu 11:00 - 12:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: John Taubman

An analysis of the lead up to the US Presidential election and the final result.

Enrolment fee \$10.00.

2039: Geology/Friday U3A

Type: Long Course

Dates: 28/02/2020 - 27/11/2020

Frequency: Monthly 4th, Fri 14:00 - 15:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Leigh Baker

A Friday@U3A event. Enrolment fee nil.

2041: Mental Health First Aid

Type: Short Course

Dates: 06/03/2020 - 03/04/2020

Frequency: Weekly Course, Fri 9:00 - 12:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Stephanie Harper

The Older Person Mental Health First Aid course will teach you how to assist a person aged 65+ who may be experiencing a mental health problem or mental health crisis until appropriate professional help is received or the crisis resolves, using a practical, evidence-based Action Plan. This course is based on guidelines developed through the expert consensus of people with lived experience of mental health problems and professionals. Mental health problems covered: • Depression and anxiety • Confusion and dementia • Psychosis Mental health crises covered: • Suicidal thoughts and behaviours • Panic attacks • Delirium • Unsafe and challenging behaviours due to confusion. Note: This course is not a therapy or support group. Complete an online assessment after the course to become accredited.

Enrolment fee \$10.00.

2042: Meditation

Type: Short Course

Dates: 01/05/2020 - 29/05/2020

Frequency: Weekly Course, Fri 9:00 - 10:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Lyn McMurdie

Learn to relax with mindfulness guided meditation sessions. This also includes discussion about the many health benefits.

Enrolment fee \$10.00.

2043: Art - Water Colour

Type: Short Course

Dates: 16/03/2020 - 06/04/2020

Frequency: Weekly Course, Mon 12:30 - 14:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Lyn McMurdie

This course covers beginner's techniques for water colour painting and includes still life and landscapes, or exploring your own ideas if you like.

Enrolment fee \$10.00.

2044: American Government & Politics

Type: Short Course

Dates: 17/02/2020 - 20/07/2020

Frequency: Monthly 3rd, Mon 10:00 - 11:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Paul Reid

US politics in 2020. Presidential elections happen every four years in America. Impeachment of the President has happened four times in 232 years. Both are happening in 2020. How will they unfold? A course of 6 sessions. The first 2 sessions are a pre-requisite for members who have not studied US politics before, and can be taken as a refresher for those who want to brush up their knowledge of the US political system. (4 sessions only if the first 2 are not required.) - The US political system. Similarities and (surprising) differences to the Australian system. [Pre-requisite for newbies] - Elections in the US: a de-centralised and labyrinthine system very different to Australia's. [Pre-requisite for newbies] - US politics in 2020. The Impeachment process. The Presidential election process. - State caucuses and primaries. Party conventions. Dates and States to watch. - The 2020 Presidential race: can we predict the result? Let's try! - Other elections in 2020: Senators, Representatives, State Governors, State legislators, etc.

Enrolment fee \$10.00.

2053: Wines - Regional

Type: Short Course

Dates: 08/04/2020 - 29/04/2020

Frequency: Weekly Course, Wed 19:30 - 20:30

Location: KCLC Large Meeting Room Kyneton

Tutor: Scott Banks

The good, the bad and the ugly, Scotty Banks is the local font of wisdom and knowledge on all things wine. His local business (Banks Fine Wines) has developed from his extensive experience, his accumulated knowledge and his unabashed enthusiasm. This course was a sellout last year and we expect a similar response this year so you will need to enrol and pay the course fee early to ensure your place.

Enrolment fee \$40.00.

Computer

2005: Computer Workshop

Type: Long Course

Dates: 05/02/2020 - 18/11/2020

Frequency: Monthly 1st & 3rd, Wed 14:30 - 16:00

Location: Private Home Kyneton

Tutor: Len Baker

Bring along your laptop, tablet, iPad or Android device and any other portable gadgets for hands-on problem-solving.

Enrolment fee nil.

2031: UMAS Made Easy

Type: 1 day

Dates: 06/02/2020 - 26/11/2020

Frequency: As Required, Thu 10:00 - 12:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: John Taubman

The U-MAS system is a web-based database that manages Kyneton U3A membership and course enrolments, the system was introduced in January 2018. The database is very powerful but to utilise its full potential members need to understand how it works and the features available. This 2 hour course will explain how to access the system, enrol in courses and many other features of the system. John and Veronica Taubman are the two U-MAS system administrators. For more information contact info@u3skyneton.org.au. The course is run on an 'as required' basis. If you have a portable device please bring it along.

Enrolment fee nil.

2032: UMAS for Tutors

Type: 1 day

Dates: 06/02/2020 - 26/11/2020

Frequency: As Required, Thu 10:00 - 12:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: John Taubman

The UMAS system is a web-based database that manages Kyneton U3A membership and course enrolments, the system was introduced in Kyneton in January 2018. This course is primarily aimed at tutors but is also suitable for anyone with administrator level access which gives greater control over the data and allows access to members sensitive information. There are several levels of access. This course qualifies members to be granted higher levels of system access and potential candidates include committee members, system administrators and tutors. If you have a portable device please bring it along. This course is only available to members that require a higher level of access above Tier Zero. For further information contact the System Administrator at info@U3Akyneton.org.au. This course is also run on an 'as required' and also as a 'one on one' basis.

Enrolment fee nil.

Exercise

2017: Table Tennis

Type: Long Course

Dates: 29/01/2020 - 16/12/2020

Frequency: Weekly Course, Wed 16:30 - 17:30

Location: Sports and Aquatic Centre Kyneton

Tutor: Pam Galbraith

Anyone can come along to try it out - a gentle exchange of balls across the net is also very acceptable particularly if your fitness level isn't up to anything more strenuous. Bats and balls are provided and it's good sociable fun. Wednesdays during the term from 16:30 to 17:30.

Payment of \$3.00 to \$4.00 per session is required depending on numbers attending, this is to cover venue hire.

2018: Tai Chi

Type: Long Course

Dates: 04/02/2020 - 01/12/2020

Frequency: Weekly Course, Tue 15:30 - 16:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Jill Shaw

Originating in China, Tai Chi is one of the most effective exercises for health of mind and body. The movements are slow and gentle. It is suitable for people of all levels of ability. Health benefits of Tai Chi are: • Increased flexibility and muscle strength • Greater fitness • Better body posture • integration of body, mind and spirit • Improved flow of Qi (life energy). There will be a 4-week course for beginners at the beginning of the year.

Enrolment fee \$20.00

2019: Tai Chi - Introduction

Type: Short Course

Dates: 04/02/2020 - 25/02/2020

Frequency: Weekly Course, Tue 15:30 - 16:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Jan McIver

The sequences have been developed by Dr Paul Lam, a Sydney GP, who has been practising Tai Chi for many years. Tai Chi is particularly useful for those with health problems such as arthritis, diabetes and osteoporosis. This introduction to Tai Chi will run over 4 weeks on a Tuesday and will enable the participant to have a complete understanding of the techniques before joining the advanced group. It is also an opportunity to determine if the course is suitable for you. Run concurrently with course 2018.

Enrolment fee nil.

2022: Dog Walking

Type: Long Course

Dates: 02/01/2020 - 31/12/2020

Frequency: Weekly Course, Thu 9:30 - 10:30

Location: Kyneton Botanic Gardens Kyneton

Tutor: Roni Taubman

This is a social activity for both owners and dogs so your dog needs to enjoy the company of other dogs and you need to enjoy the company of other people! Participants need to be able to walk for 30 - 40 minutes over variable very moderate terrain. There may be some travel involved in getting to the start of the walks. Dogs are to remain on a lead at all times, this may be modified depending on the venue. Owners to pick up after their dogs and have water available for their dogs. The dogs should also have a current veterinary C3 vaccine. This activity will be driven by participants needs and requirements, it is intended to be based around Kyneton and the botanic gardens areas initially and then expanded based on participants capabilities, needs and wants. The normal meeting place is the car park off Mollison St on the left just before the bridge heading towards the station. Temperatures over 30 degrees C at the scheduled time of the walk it is cancelled.

Enrolment fee nil.

2027: Golf Croquet

Type: Short Course

Dates: 02/03/2020 - 23/03/2020

Frequency: Weekly Course, Mon 10:30 - 11:30

Location: Kyneton Croquet Club Kyneton

Tutor: David Wauchope

This is a practically-oriented introduction to Golf Croquet that will cover a brief history of the game; the rules of the game; scoring; the objectives as part of the theoretical aspects before being sized up with a mallet (supplied) and introduced to the green and the layout of the course. How to work the green and hoops to your advantage, game play and technique, anticipating your opponent and playing to win. The course is run entirely by U3A members in association with the KCC.

Enrolment fee \$10.00.

Entertainment

2049: Film Club

Type: Long Course

Dates: 20/02/2020 - 19/11/2020

Frequency: Monthly 3rd, Thu 14:00 - 16:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Peter Johnson

This course will screen the great movies of our time, both classical and modern. For you movie buffs there are many hundreds of movies at our disposal for our viewing pleasure. A list of movies is available on the website and the movie, with a short synopsis, will be emailed to members at least 2 days before screening. A brief discussion of the movie will be held after the screening. Due to the popularity of the course members must be enrolled.

Enrolment fee \$20.00.

Language

2054: Italian - Advanced/Beginner

Type: Long Course

Dates: 10/02/2020 - 30/11/2020

Frequency: Weekly Course, Mon 14:30 - 15:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: John Denton

This course is designed to introduce members to the Italian language and of course Italian culture. It also welcomes back members from last year who wish to progress their Italian language skills. Starting with the basics and working through the vagaries of the spoken language at a level very much determined by the group itself, also an introduction to basic grammar.

Enrolment fee \$20.00

2056: French - Beginners

Type: Long Course

Dates: 20/01/2020 - 23/11/2020

Frequency: Weekly Course, Mon 11:30 - 12:30

Location: Grist Bakery 18 Piper Street Kyneton

Tutor: Simone Graham

A course for absolute beginners. Cost for prescribed text is approximately \$30 and is available from the bookshop in Kyneton.

Enrolment fee nil.

2057: French - Intermediate

Type: Long Course

Dates: 20/01/2020 - 23/11/2020

Frequency: Weekly Course, Mon 10:30 - 11:30

Location: Grist Bakery 18 Piper Street Kyneton

Tutor: Simone Graham

A program to continue development of French language learnt in Basic French in 2018/19. There will be an additional cost to purchase a prescribed language text for new members which is approximately \$30 and available from the Kyneton bookshop (not necessary for previous students).

Enrolment fee nil.

2058: French - Advanced

Type: Long Course

Dates: 22/01/2020 - 25/11/2020

Frequency: Weekly Course, Wed 10:30 - 11:30

Location: Grist Bakery 18 Piper Street Kyneton

Tutor: Simone Graham

Advanced French language group. Members discuss the language, grammar and nuances of French.

Enrolment fee nil.

Outdoor

2001: Bird Observers

Type: Long Course

Dates: 27/02/2020 - 26/11/2020

Frequency: Monthly 4th, Thu 9:00 - 12:30

Location: Cnr Mollison Pohlman Streets Kyneton

Tutor: Tony Mew

Meet at the Cnr Mollison and Pohlman Streets, Kyneton and come along and learn about the many beautiful species of native birds we have in our area, within half an hour's drive of Kyneton. This group is a great opportunity to learn about local birds and visit some beautiful out of the way places in the area. Beginners to experienced bird watchers welcome. A contribution is requested towards petrol costs when car-pooling is used. Outdoor activity, please dress for the expected conditions. We do not break for school holidays.

Enrolment fee nil.

2024: Gardening - Basic Techniques

Type: Short Course

Dates: 19/02/2020 - 25/03/2020

Frequency: Weekly Course, Wed 12:30 - 13:30

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Peter May

I propose to run 6 X 1 hr sessions where I cover some basic garden skills and some of the background science and practice behind them. Examples would be propagation, pruning, soil health, pest management, weed management.

Enrolment fee \$10.00.

2059: Cycling

Type: Long Course

Dates: 21/01/2020 - 15/12/2020

Frequency: Weekly Course, Tue 8:55 - 11:30

Location: Various Kyneton

Tutor: Robert Rouse

Tuesday's at 08.55 for a 09.00 start. Local rides and once a month a longer ride in Bendigo or Melbourne on their bike paths. Meet at the Kyneton Information Centre or as advertised in the weekly program and Wotzon. All participants must have ambulance cover and be members of the Bicycle Network (BN). Membership of BN includes crash insurance, free legal advice and a host of other benefits. <https://www.bicyclenetwork.com.au>. Heat policy is that if the forecast temperature is above 34C the ride is cancelled.

Enrolment fee nil.

Social

2003: Coffee Club

Dates: 15/01/2020 - 09/12/2020

Location: Angies Caffe High St Kyneton

Type: Long Course

Frequency: Weekly Course, Wed 10:30 - 12:00

Tutor: Leigh Baker

This is an informal group meeting in the centre of Kyneton. Just turn up and ask one of the staff to be directed to the Kyneton U3A table.

Enrolment fee nil.

2011: Lunch Club

Dates: 06/02/2020 - 03/12/2020

Location: Various Kyneton

Type: Long Course

Frequency: Monthly 1st, Thu 12:00 - 14:00

Tutor: Leigh Baker

Group members rotate the selection of restaurants or cafes with good quality, interesting food at a reasonable price within half an hour drive of Kyneton.

Enrolment fee nil.

2020: Friday@U3A

Dates: 14/02/2020 - 04/12/2020

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Type: Long Course

Frequency: Weekly Course, Fri 14:00 - 16:00

Tutor: Alan Moor

This is one of our activities which is open to the public. Bring a friend and tell others about it. Guest Speakers present a wide variety of topics or join in the afternoon's planned activity. Afternoon tea is served on completion of the presentation.

2021: Cooking - Triple Treats - 1

Dates: 11/03/2020 - 25/03/2020

Location: Private Home Kyneton

Type: Short Course

Frequency: Weekly Course, Wed 9:00 - 14:00

Tutor: Linda Johnson

The celebrated chef, George Biron, has once again offered to run his "Triple Treats" cooking sessions. There will be three sessions on Wednesdays in March. Commencing 9.00 am until after lunch. Sessions cost \$45 but this includes watching the dishes being prepared and cooked, sitting down to a wonderful lunch of what has been created. Those people who went to the last sessions will agree that it is a truly wonderful experience. This course will be 'summer treats'.

Enrolment fee \$135.00 must be paid at the time of enrolment.

2036: Opening of the RBH/New Members Day

Dates: 07/02/2020 - 07/02/2020

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Type: 1 day

Frequency: One off activity, Fri 14:00 - 15:30

Tutor: Peter Johnson

Opening of the RBH with invited members of the community and supporters. Also an opportunity for new members (and old ones) to meet the Committee and other members of Kyneton U3A. A short presentation will be made.

Enrolment fee nil.

2038: Cooking - Triple Treats - 2

Dates: 07/10/2020 - 21/10/2020

Location: Private Home Kyneton

Type: Short Course

Frequency: Weekly Course, Wed 9:00 - 14:00

Tutor: Linda Johnson

The celebrated chef, George Biron, has once again offered to run his "Triple Treats" cooking sessions. There will be three sessions on Wednesdays in March. Commencing 9.00am until after lunch. Sessions cost \$45 but this includes watching the dishes being prepared and cooked, sitting down to a wonderful lunch of what has been created. Those people who went to the last sessions will agree that it is a truly wonderful experience. This course will be 'summer treats'.

Enrolment fee \$135.00 must be paid at the time of enrolment.

2046: Christmas in July

Type: 1 day

Dates: 24/07/2020 - 24/07/2020

Frequency: One off activity, Fri 12:00 - 14:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Peter Johnson

Christmas in July, come and join us for a celebration in the Christmas tradition. What will be provided: Starters Main course Desert Bring your own drinks and your favourite Christmas clothing.

Enrolment fee \$10.00.

2047: Christmas Function

Type: 1 day

Dates: 11/12/2020 - 11/12/2020

Frequency: One off activity, Fri 10:00 - 12:00

Location: Red Brick Hall 23 Yaldwyn St West Kyneton

Tutor: Peter Johnson

What will be provided: finger food, cakes and other delicacies (including vegetarian and gluten-free options). BYO: drinks and any personal preferences.

We will have our Christmas gathering on Friday, 11th December 2020 commencing at 10:30. This will be a free event for all members. We will provide morning tea. All of this will be at no charge, so please come along and enjoy meeting up with the other KU3A members. If anyone feels like making a cake or dessert they can bring it along to be shared with everyone. Enrolment fee nil, \$2.00 donation at the door.

2051: Men's Kitchen - 1

Type: Short Course

Dates: 12/02/2020 - 10/06/2020

Frequency: Monthly 2nd, Wed 10:00 - 13:00

Location: Glenlyon CFA Glenlyon

Tutor: Alan Moor

This course is in partnership with Dalesford/Hepburn U3A. Sessions will be held in Glenlyon at the CFA Fire Station and each will feature a different cuisine. Chef Robert Wooler will guide members through all aspects of preparation and cooking. Members will then partake of a delicious lunch. Please advise of any food allergies.

Enrolment fee \$50.00 plus a fee of \$10.00 per each session that you attend.

2061: Men's Kitchen - 2

Type: Short Course

Dates: 19/08/2020 - 18/11/2020

Frequency: Monthly 3rd, Wed 10:00 - 13:00

Location: Glenlyon CFA Glenlyon

Tutor: Alan Moor

This course is in partnership with Dalesford/Hepburn U3A. Sessions will be held in Glenlyon at the CFA Fire Station and each will feature a different cuisine. Chef Robert Wooler will guide members through all aspects of preparation and cooking. Members will then partake of a delicious lunch. Commencing at 10:00. Please advise of any food allergies.

Enrolment fee \$50.00 plus a fee of \$10.00 per each session that you attend.
